

SUPPORT TEAM FREE DAY

POPULAR ACTIVITIES



TRIP TO LAKE ATITLÁN

This breathtaking crater-lake is ringed by volcanoes and is a few hours' ride from Antigua. Spend a day in the eclectic town of Panajachel or take a boat tour of the many indigenous communities that dot the lake's shores.



TIMING: Because the lake is about two hours from Antigua, you should plan on an early morning and a full day. We suggest leaving Antigua at 6 am and arriving back in Antigua around 6 pm.

COST*: Exact cost will depend on the specifics of your team, but plan to spend around 1200Q (\$165 USD) on roundtrip transportation for the whole group. If you would like to take a boat to a town other than Panajachel, each boat ride costs about 5-25Q per person (\$2-3 USD). You can expect lunch to cost about 40-60Q per person (\$5-8 USD). There are craft markets around the lake with beautiful, indigenous creations. Team members can bring extra money for souvenirs.

HIKE VOLCÁN DE PACAYA

Pacaya is one of Guatemala's three active volcanoes. It takes about 1.5-2 hours to reach the lava field (just below the summit) from the trailhead and once there, hikers can roast marshmallows in thermal vents, purchase souvenirs, and take in amazing views of Guatemala's landscape and other volcanoes.



TIMING: Pacaya is about an hour and half from Antigua. While you can do the hike any time of the day, we suggest doing it in the morning as it can get crowded in the afternoon. Leaving Antigua between 6-7 am will get you back to Antigua for a late lunch and afternoon relaxing or shopping at the market.

COST*: Exact cost will depend on the specifics of your team, but plan to spend around 1200Q (\$165 USD) on roundtrip transportation for the whole group. There is an entrance fee to the volcano of 50Q (about \$7 USD) per person and a guide fee of 250Q (about \$32 USD) for the whole group. You can also take a horse up the volcano if you prefer not to walk. This typically costs 100Q (\$13 USD) per horse.

* Please note that these costs are estimates and can vary based on a number of factors. **ALL** free-day activity costs are charged by and paid directly to independent vendors. While we can help make arrangements, Safe Passage cannot accept payment for these costs or be responsible for any discrepancies between the estimates and actual costs.

DE LA GENTE COFFEE TOUR

www.dlgcoffee.org/coffee-tours

De la Gente is a cooperative coffee operation with over 300 small-holder farmers. Their hands-on coffee tours are led by and directly support their farmers. The majority of the tour cost goes directly to the individual farmer giving the tour. On the tour, you will be invited into the farmer's house to learn about and utilize the machinery used to process coffee. The best part of tour comes at the end when you get to roast coffee in the traditional Guatemalan way – over the fire – and share a fresh cup of coffee with the farmer and their family.



TIMING: De la Gente offers tours beginning at 9 am or 1 pm. The tour begins about 10 minutes outside of Antigua by taxi or Uber and lasts roughly 3 hours.

COST*: The tour costs \$29 USD per person and includes a bag of coffee. An Uber from Antigua costs roughly 25Q (\$3 USD) per car, each of which can take four people. Extra money can be brought to purchase additional coffee, the profit from which will go directly to the farmer who gives your tour. If you would like lunch at the farm, a traditional Guatemalan lunch can be prepared at the farmer's home for 50Q (about \$7 USD) per person. The lunch is only available for morning tours.

FINCA FILADELFIA RESORT & COFFEE FARM

www.filadelfiaresort.com/tours-en.html

Finca Filadelfia is a large resort and coffee farm just outside of Antigua. Along with a tour of their large coffee operation, they offer recreational activities like a zip line, mountain biking, and bird-watching tours. Finca Filadelfia has a restaurant if you want to get a meal while you are out.



TIMING: Finca Filadelfia offers tours and activities three times each day: 9 am, 11 am, and 2 pm. They offer a free shuttle to and from Antigua that departs roughly 40 minutes before the tour begins. The tours and activities last about two hours each.

COST*: The coffee tour costs \$20 USD per person and includes a cup of coffee at the end. Zip lining starts at \$50 USD per person. Mountain biking costs \$12 per person for a 1-hour ride. They have a coffee tour & lunch special for \$34 USD per person. Lunch, apart from the tour & lunch special, can run anywhere from 50Q (about \$7 USD) to more than 100Q per person.

ATV COFFEE TOUR

www.simoontours.com/en/tours

Visit a coffee farm in nearby Jocotenango in style. You will leave Antigua on ATVs and follow a local guide for a 15 minute ride to the farm. At the farm, you'll get a bilingual tour and explanation coffee growing process. Once finished at the farm, get back on the ATVs for a ride up to one of Antigua's most visited landmarks – Cerro de la Cruz – for a bird's eye view of the city.



TIMING: The ATV tour is offered at 9:45 am and 2:45 pm and lasts for about three hours.

COST*: The ATV coffee tour costs 295Q per person (about \$40 USD). You can bring extra cash to purchase coffee at the farm or souvenirs and snacks up Cerro de la Cruz. If you don't want to walk to the tour agency for the beginning of the tour (it is located on the north-edge of Antigua), you can take an Uber for about 20Q (about \$3 USD) per car.

VALHALLA MACADEMIA NUT FARM

www.valhallamacfarm.com/

Valhalla is an organic macadamia nut farm dedicated to the preservation and healing of the planet through sustainable agriculture and the education of indigenous people. They offer tours of the farm which give tour participants an understanding of the macadamia tree's importance in Guatemala and how the nuts are processed. As part of the tour, you even get a free five-minute facial massage with macadamia nut oil from the farm. They have a restaurant with famous macadamia nut pancakes! The property is also quite serene and a great place to just relax before or after the tour.



TIMING: The farm is about 20 minutes outside of Antigua by taxi or Uber. There are no scheduled times for the tour as they are happy to give a tour whenever people arrive. It is not a bad idea to call ahead of time to confirm, but that is not necessary.

COST*: There is no cost to visit the farm and the tour is also free. An Uber from Antigua to the farm costs roughly 40Q (about \$5 USD) per car, each of which can take four people. The food at the restaurant costs about 60-100Q (about \$8-14 USD) per plate.

EARTH LODGE

www.earthlodgeguatemala.com/things-to-do/

Earth Lodge is an eco-friendly resort, restaurant, avocado farm, and yoga destination. On the property, they have hammocks, board games, group games, hiking, great food, and incredible views. Apart from yoga classes each morning, they don't have many organized activities, but it is a great spot to relax or go for a hike. Please note that Earth Lodge is located about a 20 minute walk from the road so you'll need to walk a bit to get there.



- TIMING:** Earth Lodge is about 30 minutes outside of Antigua. Apart from Yoga that usually begins between 8-9 am, there is no particular time that is better than others to visit. Go for a full day or just for a meal at the restaurant to enjoy the views.
- COST*:** There is no cost to visit Earth Lodge. Transportation on an Earth Lodge shuttle ranges from 15-50Q (about \$2-\$7 USD) per person, based on the number of people. An Uber from Antigua costs roughly 30Q (about \$4 USD) per car, each of which can take four people. The morning yoga class costs 50Q per person. Items on their restaurant menu range from about 30-80Q (about \$4-10 USD).

ANTIGUA WALKING TOUR

Antigua is one of Guatemala's oldest cities and is a UNESCO World Heritage site, so it is brimming with history and things to discover. A walking tour of Antigua is a great way to learn more about the city discover sites you might miss.



- TIMING:** You can find a guide who will lead a tour at almost any time of day. Many licensed guides hang around Central Park looking for customers. There are also several tour companies that offer scheduled tours. Most tours last between 2-3 hours.
- COST*:** Prices for walking tours vary based on what tour company or guide is used, and what the tour you want is focused on. Simple walking tours with a guide from the park to explore the streets and a few sites can cost between 200-300Q (about \$25-40 USD) for a group. More in-depth tours with a tour company can cost \$25 per person. We would be happy to point you to tour companies we know and trust if you would like a recommendation.

CERRO DE LA CRUZ

Cerro de la Cruz is located on a hill overlooking Antigua. It is a short (15 minute) hike from the base of the hill up the steps to the overlook. Once at the top, you'll enjoy a bird's-eye view of Antigua and unobstructed views of Volcán de Agua. While there are not particular activities at the top, this is a great spot for a picnic breakfast or lunch. In the past, the path to the top was known for robberies so tourist police are now stationed between 8 am until 4 pm and it is very safe.



TIMING: The start of the path is on the north edge of Antigua and is very easy to walk to. The walk from Central Park to the start of the path takes about 15 minutes. Reaching the top of the hill takes about another 15 minutes. The best part of Cerro de la Cruz is the view so we suggest going earlier in morning during the rainy season (May-October) to avoid clouds and rain.

COST*: FREE! There are vendors at the top who sell souvenirs and snacks so you can bring some extra cash for those. If you do not want to walk up the hill, you can take a tuk-tuk for about 30Q (about \$4 USD).

ANTIGUA MARKET SHOPPING

If you're looking to do some shopping and purchase some gifts or souvenirs, there are lots of places in Antigua to do so. There are several "artisan markets" (read "largely mass-produced tourist items") throughout the city where you can find all sorts of Guatemalan and Guatemala-themed items. If you're adventurous, head into the maze of the local market where the locals shop. You won't find many tourist souvenirs here, but you'll get a taste of local shopping and find some cool, authentic items.



TIMING: The markets are open all day so go whenever you want. If you do another activity on your free day, you can always do some shopping before you leave or after your return from your other activity. You can also visit the markets on Sunday before your first dinner with Safe Passage or on Saturday after you return from the water park excursion.

COST*: It is hard to give an idea of what prices to expect as they depend on what items you are hoping to buy, the vendor, and your willingness or ability to barter. Outside of the larger brick and mortar stores in the city, almost all the prices are negotiable.